GASTROENTEROLOGY EGD PREP INSTRUCTIONS

Date: _____ Arrive at: _____

YOU MUST HAVE A DRIVER WITH YOU ON THE DAY OF THE PROCEDURE, BECAUSE YOU WILL BE SEDATED.

Please inform the office if you are on any time of blood thinner so that the proper instructions can be given to you before your procedure. If you are on a blood thinner, follow these instructions:

- Hold **Aggrenox** 7 days prior to procedure once OK'd by prescribing physician.
- Hold **Plavix** at least 5 days prior to procedure once OK'd by prescribing physician.
- Hold **Coumadin, Brilinta, or Aspirin** 5 days prior to procedure once OK'd by prescribing physician.
- Hold **Pradaxa, Iron, Xarelto, or Eliquis** 3 days prior to procedure once OK'd by prescribing physician.

The morning of your procedure you may only have clear liquids (nothing to eat). Then nothing to drink after _____.

Clear Liquids	**Not Clear Liquids**
Gatorade, Pedialyte, Powerade	**NO** RED or PURPLE items
Clear broth, bouillon	**NO** alcohol
Coffee or tea without milk or creamer	**NO** milk or non-dairy creamers
Carbonated or non-carbonated drinks	**NO** noodles or vegetables in soup
Kool-aid, Jell-O, Popsicles, hard candy	**NO** juice with pulp
Juice--no pulp	**NO** liquid you cannot see through